

Department of Disease Prevention, Healthy lifestyle and Epidemiology

Thematic plan of practical sessions for the discipline "Disease prevention" in the spring (4) semester for foreign students of medical universities with teaching in English

Lesson topics numbers	Name of topics for practical sessions
1	History of the emergence and development of preventive medicine. Prevention as one of the priority areas of public health protection.
2	Terms and concepts used in medical prevention. Definition of the concepts "prevention", "medical prevention". Types of medical prevention. Routine checkups and preventive counseling.
3	Risk Factors for the development of diseases: definition, classification, practical significance. Diagnostic criteria for risk factors for chronic non-communicable diseases. Screening: definition, purpose, and types.
4	Features of prevention in different categories of the population.
5	Diseases of the cardiovascular system: significance, risk factors, prevention. The concept of total risk. SCORE scale.
6	Diabetes mellitus: significance, risk factors, prevention.
7	Chronic kidney disease: significance, epidemiology, risk factors, prevention.
8	Diseases of the bronchopulmonary system (chronic obstructive pulmonary disease, bronchial asthma): significance, risk factors, and prevention.
9	Diseases of the digestive system: significance, risk factors, prevention.
10	Diseases of the musculoskeletal system: significance, risk factors, and prevention.
11	Traumatism: significance, classification of injuries. Risk factors for various types of injuries. Prevention of injury.
12	Malignant neoplasms: relevance, risk factors, prevention. Development of cancer alertness in the population.
13	Infectious diseases: relevance, features of infectious pathology at the present stage, risk factors, prevention.
14	Tuberculosis: significance, types of prevention.
15	Chemical addictions. Alcohol and related problems. Smoking tobacco (nicotine) and its harm to health.
16	Disease dependent behavior (continued). Drug addiction and substance abuse: relevance, risk factors, psychosomatic pathology. Levels of prevention of diseases of dependent behavior.
17	Graduate test.